



## Adjusted School Day for 2015 / 2016 School Year

In order to maximize instructional time and time on task at Seven Stones Community School, we have been approved to adjust the school day as follows for the 2015-2016 school year. Thank you to the SCC, RPSTA, CUPE, LINC and Regina Public School Division for their support in creating this plan that we believe provides the *Best Experience for Students*. This plan puts us in alignment with Albert, Kitchener and Sacred Heart Schools in our area.

Please be assured that this plan does not change any of our high quality programming options nor any extra-curricular options. Transportation times will be adjusted to accommodate this structure.

9:08 AM to 9:23 AM	Supervised AM Recess	15 minutes
9:23 AM – 12:00 noon	Instructional time AM	157 minutes
12:00 PM – 12:30 PM	Lunch Break	30 minutes
12:30 PM – 12:45 PM	Supervised PM Recess	15 minutes
12:45 PM to 3:22 PM	Instructional time PM	157 minutes

### **The Adjusted School Day - Planning for the *Best Experience for Students*:**

1. *Before School Programming*: Students would be supervised from 9:08 to 9:23 AM.
2. *Recess Breaks*: Instead of the current 10:30-10:45 and 2:15-2:30 15 minute recess breaks, students will be provided with physical education and classroom breaks (such as brain-breaks) in a regulated setting. Students will have positive interaction time with other students during the planned breaks with their classes and familiar supervisors/teachers, thus eliminating most peer to peer conflict time and the time away from instruction spent on daily problem solving and intervention. We hope to see a significant reduction in bullying and conflict management which currently take hundreds of minutes each week to resolve. In addition, up to 30 minutes a day are currently spent on transitioning students in and out of the building for recess. This time can be reclaimed for teaching and learning.
3. *Lunch Break* - The forty-five minute break allows for students to go home for lunch if they chose to do so. Those who stay for lunch will have 30 minutes in their designated lunchroom and will be supervised after lunch for a recess break from 12:30 to 12:45 PM.
4. *After School Programming*: Extra-curricular sports programs, Dream Broker programs, ACT, Jigging, Library club, GSA, safety courses etc. would begin earlier (3:22 pm) and increase time for much needed programs.

This adjusted schedule will run for the 2015-2016 school year at Seven Stones. It will require a new proposal and vote to continue beyond next year. Therefore, we will be soliciting your feedback on the new structure between September and December next year before resubmitting our intentions.

We truly believe that offering your children a slightly shorter, less interrupted and more supervised day, we will be able to increase student time-on-task and improve learning outcomes!

Yours in education,

Mr. J. Fladager  
Principal