



# SEVEN STONES COMMUNITY SCHOOL

1101 Princess Street, Regina, SK S4T 1G8  
Phone 306-523-3740 Fax 306-751-2773

[www.sevenstones.rbe.sk.ca](http://www.sevenstones.rbe.sk.ca)

@7Stones\_School



## DECEMBER NEWSLETTER

### *Principal's Corner*

Season's Greetings to you and your family! It is so hard to believe that we are already approaching the winter break this year. It seems like just last week that we opened our doors for the first time. It is equally hard to believe that our school has accomplished this much already in the school year! Seven Stones is a very positive and happy place to learn and work each day. We want to thank you for your support in creating this learning environment for your children. We are a family here, and like any family, there are challenges and bumps in the road. That said, we love the way you communicate with us and work with us to problem solve. Thank you!

We hope you are able to join us for our concert on December 18<sup>th</sup> to celebrate your children's performing arts talents! Perhaps you will also have time to join us for our assembly on the 19<sup>th</sup> (we will be caroling!) or for one of our upcoming SCC meetings. We would love to see you!

May the joy and peace of the season reach each and every one of you and your loved ones. Please enjoy a safe and happy holiday!

Sincerely,

Mr. Fladager and Mrs. Gavel



Outdoor Ed. beavers presentation to Pre Ks & K's.



### Calendar of Events

For a full year calendar of school events, please check our website: <http://sevenstones.rbe.sk.ca>

- Nov 28 – Assembly, 9:30 am
- Dec 9 – Band Concert at McLurg
- Dec 10 and 11 – Treasure Store
- Dec 16 – Immunizations
- Dec 18 – Winter Concert
- Dec 19 – Turkey Lunch for students
- Dec 19 - Assembly – 1:00
- Dec 19 - Gifts from Evraz Place
- Dec 19 – 2:30 Dismissal
- Dec 20 – Jan 4 – Christmas Holidays



### Clubs, Teams, Arts and Culture

- Fiddle – Tuesday afternoon
- Full Band – Day 2
- Band Sectionals – Day 5
- Seven Stones Steppers – on going
- Library Club – Thursday at noon
- Niska Boys – Monday PM
- Sage Girls – Friday PM
- Rock 100 – Day 5 at noon
- ACT – Tuesday after school
- Basketball begins in January



### School Community Council

Meetings are held once per month, you do not need to be elected to become involved. **Please consider joining us for our next meeting in January on the 14th at 3:00pm!**



### Character Education

We are a Circle of Courage school. We teach and values of Generosity, Belonging, Mastery and Independence. Each month we will focus on one of these four areas and recognize students for their achievements at a monthly assembly.

**Upcoming Dates: November 28<sup>th</sup> at 9:30 pm.  
and December 19 at 1:00 pm.**

### Seven Stones Steppers at Agribition

On Tuesday, November 25<sup>th</sup> the Seven Stones Steppers performed at Agribition. The dance group was excited to perform at the largest agricultural and livestock show in Canada. The group preformed four dances and ended with the upbeat Red River Jig that was a crowd pleaser. The eight Steppers are very excited to repeat the performance on Thursday.



THANK YOU to our Partners in Education, Evraz Place, for their donation of Christmas gifts for all of our students as well as a turkey lunch on the last day before holidays! We appreciate your generosity!!




Thank you to all who purchased spirit wear in November. Orders will arrive before Christmas!

T-Shirt	Youth Hoodie	Adult Hoodie
		



PLC 2 Choir performs at Remembrance Day



SEVEN STONES  
ATTENDS ACT  
RETREAT

Seven Stones ACT – Anti-Racist Cross Cultural Team meets on Tuesdays after school from 3:40 to 5:00 PM. New members are always welcome.

Seven Stones Community School ACT Team for 2014/2015 includes: Aurora, Styles, Tyrell, Dillon, Kassie, Sidney, Alex, Hope, Charlee and Tristan.

On Monday, November 3<sup>rd</sup>, 8 members of the Seven Stones ACT Team along with the ACT Team from George Ferguson School, attended and participated in the Elementary ACT Retreat held at F.W Johnson Collegiate. With the assistance of the teachers and ACT Leaders, Johnson’s ACT Team did a fantastic job of facilitating presentations and supervising activities for the elementary students.

Students participated in a variety of activities and games designed to help them identify acts of racism, discrimination, all types bullying while learning about the negative consequences that result from stereotyping. Seven Stones students did a fabulous job representing our school proudly with their participation and incredible honesty in talking circles. The ACT Team is eager to share the information learned at this retreat with peers and get everyone involved working together to create an environment where everyone feels safe to learn and grow.

Mrs. B. Reles



## Nutrition

Morning snack is provided to all students at 8:53 am every morning. There is no charge for this program.

New this year to our Nutrition Program is the addition of a Student Lunch Program which will run Monday – Thursday weekly. A different lunch item will be offered daily some being hot and some being cold. The menu for lunches will be posted monthly. Lunches will only be offered thru a purchased lunch card, which must be purchased by noon a day in advance of the student needing the lunch. To allow for adequate numbers required for lunch preparation.

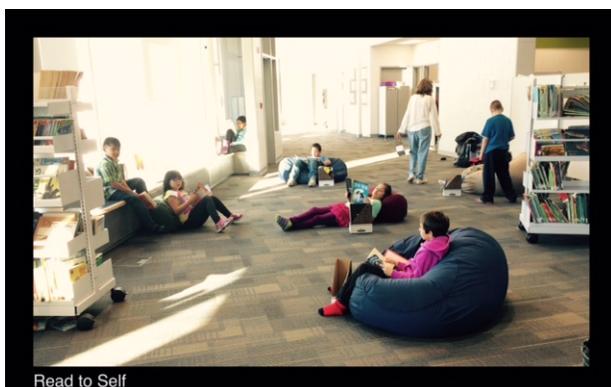
Cost of lunch cards is as follows:

\$30.00 Lunch Card -11 lunches which include lunch, a drink (milk, water or juice) and dessert of the day. \$20.00 Lunch Card- 11 lunches which is lunch of the day only

Lunch Cards can be purchased thru our school online system or by cash to Ms. Shukin, Nutrition Coordinator.

When cards are purchased, a notice will go home with your child when they have only 2 remaining lunches left. This will allow another card to be purchased with a day in advance of the student needing lunch.

*“What’s the difference between knowledge and wisdom? Knowledge is knowing that a tomato is a fruit, wisdom is knowing not to put it in a fruit salad.”*



Read to Self

Read to Self – PLC 2

## Social Skills Corner

**Saying Thank You**

STEPS

1. Was it nice to do? 
2. When? 
3. Say “Thank you.” 

**Ignoring**

STEPS

1. Look away. 
2. Close your ears. 
3. Be quiet. 

**Listening**

STEPS

1. Look. 
2. Stay still. 
3. Think. 

**Using Nice Talk**

STEPS

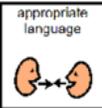
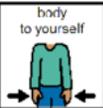
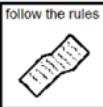
1. Use a friendly look. 
2. Use a friendly voice. 

**At School**

**RESPECT YOURSELF**

- come to school on time 
- responsible behaviour 
- on task 
- responsible for school work 

**RESPECT OTHERS**

- use kind words 
- appropriate language 
- body to yourself 
- speaking quietly & respectfully 
- follow the rules 

**RESPECT PROPERTY**

- keep walls, tables, floors clean 



## Reading and Math Strategies

### BEFORE I READ



Read the title (get help if you need)



Look at the pictures



What do you see?

Who do you think will be in the story?

What will happen?

Where do you think the story takes place?

When did the story happen?



Here are some great Math Activities you can do with your child to help them understand numbers:

**Count Everything!** Count toys, kitchen utensils and items of clothing as they come out of the dryer. Help your child count by pointing to and moving the objects as you say each number out loud. Count forwards and backwards from different starting places. Use household items to adding, subtracting, multiplying and dividing.

Discover the many ways in which numbers are used inside and outside your home. Take your child on a "number hunt" in your home or neighbourhood. Point out how numbers are used on the TV, the microwave and the telephone. Spot numbers in books, flyers and mail.

Practise "skip counting". Together, count by 2's, 5's, 10's, 3's, and 4's. Roll two dice, one to determine a starting number and the other to determine the counting interval. Ask your child to try counting backwards from 10, 20, 100 or even 1000.



### Thoughts on ACTIVE Listening:

- The words **Listen** and **Silent** are made of the same letters.
- Each of us has two ears and only one mouth.
- The human brain cannot multitask: it cannot think of what to say **and** listen at the same time. When we shut off listening for speaking, we miss what was said.
- Words are only **7%** of verbal communication. Voice inflections and body language make up the other **93%**. Don't believe it? Try reading the following putting the emphasis on a different word each time, the meaning is totally changed isn't it? "**I didn't say I supported that decision**"

